



Physical Education at Tetney

Physical Education: The Curriculum

Physical Education (PE) and sport play an important role within the curriculum at Tetney. Our extensive PE and school sport curriculum provides opportunities for pupils to become physically confident in a way which supports their mental and physical well-being. Children of all sporting abilities have the opportunity to compete in a wide range of activities, which helps them to build their characters and resilience, along with embedding values such as fairness and respect.

Our PE curriculum aims to ensure that all children:

- Develop competencies to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and learn the values of teamwork, resilience and how to cope with failure and success.
- Lead healthy, active lives.

As a school community, we are increasingly focusing on our commitment to promoting the health and wellbeing of our pupils and staff through physical activity, aiming to maximise opportunities for children and all associated with the school to be physically active.

At the end of Foundation at Tetney

In EYFS, the focus is on developing early and fundamental movements skills (EM/FMS) through the strands of balance, movement, throwing/catching/rolling and dribbling and striking.

Children will be able to;

- Experiments with different ways of moving.
- Jump off an object and land appropriately
- Negotiate space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.
- Travel with confidence and skill around, under, over and through balancing and climbing equipment.
- Move confidently in a range of ways, safely negotiating space.
- Know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

At the end of Key Stage 1 at Tetney

Pupils should continue to develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

At the end of Key Stage 2 at Tetney

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pedagogy: How the Curriculum is Taught

At Tetney we believe in delivering not just Physical Education to our pupils but also Physical Literacy. This is the motivation, confidence, physical competence, knowledge and understanding that provides children with the movement foundation for lifelong participation in physical activity. Enabling children to be physically literate supports their development as competent, confident and healthy movers.

PE lessons will be taught in conjunction with the Get Set 4 Life scheme of work. These will be planned and delivered by external sports coaches and teachers within school. Key Stage One will have a minimum of 1 hours PE throughout the week with Key Stage 2 having 2 hours. In addition to this all pupils will aim to achieve their Active 60 minutes through playtimes, fitness breaks and activities planned by play leaders.



Assessment

PE will be assessed through a multi-faceted approach including;

- half termly skills tracking using the Get Set 4 Life assessment tool
- skilful questioning lesson by lesson,
- retrieval practices and summative disciplinary tasks within lessons. These may be in the form of photographs or videos uploaded to our Get Set 4 Life portal.

PE lead will monitor the quality and impact of the PE curriculum through regular pupil voice and assess the extent to which pupils are developing their sporting skills and knowledge.

Cultural Capital

Pupils will be able to experience many wider opportunities in PESSA at Tetney. Some of which may include;

- Intra school competitions
- Inter school competitions and festivals
- Afterschool activities
- Taking part in national initiatives and themed days

Career Professional Development

We develop strong subject knowledge amongst all staff which is achieved through CPD and wider external sources such as

- Team teaching with Sports Coaches
- CPD delivered by NELSSP to up skill staff and develop confidence
- Staff confidence audit
- Attendance of the Regional PE conference.

Physical Education Curriculum Overview:

Year A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE	Fundamentals	Gymnastics	Dance	Games	Ball Skills
Year 1 and 2	Fundamentals	Dance	Gymnastics	Athletics	Ball Skills	Striking and Fielding
Year 3 and 4	Fitness	Dance	Gymnastics	Football	Athletics	Tennis
	Fundamentals	Hockey	Ball Skills	Cricket	Basketball	Rounders
Year 5 and 6	Fitness	Dance	Gymnastics	Football	Athletics	Tennis
	Tag Rugby	Hockey	Badminton	OAA	Netball	Rounders

Swimming to take place with Year 5 and 6 in either the Autumn or Spring Term